

Section 8 - Mental Health

Additional Resources

Title, Date & Author	Brief Synopsis	Additional Notes
<p>American Academy of Child and Adolescent Psychiatry. (2018, June). <i>Conduct Disorder</i>. (33). Retrieved August 26, 2021, from https://www.aacap.org/AA-CAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Conduct-Disorder-033.aspx.</p>	<p>Conduct Disorder (CD) is one of the most difficult and intractable mental health problems in children and adolescents. CD is marked by chronic conflict with parents, teachers and peers and can result in damage to property and physical injury. Behaviors used to classify CD fall into four main categories: (1) aggression toward people and animals; (2) destruction of property without aggression toward people and animals; (3) deceitfulness, lying and theft; and (4) serious violations of rules. This article provides an overview of this disorder.</p> <p>Children exhibiting these behaviors should be assessed by an experienced mental health professional to determine the most appropriate behavior therapy or psychotherapy to assist the individual at home and in school.</p>	<p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/1.-Conduct-Disorder..pdf</p>
<p>Dicker, S., Gordon, E., & New York State Permanent Judicial Commission on Justice for Children. (2004, January). <i>Ensuring the Healthy Development of Infants in Foster Care: A Guide for Judges, Advocates & Child Welfare Professionals</i>. Retrieved from Retrieved June 25, 2021, from https://www.nycourts.gov/ip/justiceforchildren/PDF/Infant%20Booklet.pdf</p>	<p>This article is 32 pages and provides an overview for judges to assess whether an infant is receiving appropriate mental health evaluations and care as well as whether caregivers are appropriate.</p>	<p>The article is well-referenced and clearly written. It makes a compelling case for better services for maltreated children and suggests how judges can play a role. Further information can be found on the website: https://www.nycourts.gov/</p>

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		<p>To retrieve the article, use the link below:</p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/2.-Ensuring-the-Healthy-Development-of-Infants-in-Foster-Care..pdf</p>
<p>National Institute of Mental Health. (2008). <i>Mental Health Medications</i> (NIMH Publication No. 08-3929). Retrieved January 11, 2011, from https://www.nimh.nih.gov/health/topics/mental-health-medications/</p>	<p>This website is very user-friendly. While the overall focus is geared towards adults and the general population, there are excellent links to issues specific to children. This includes a six-page fact sheet in simplistic language dealing with the treatment of children with mental illness, and other specialized publications dealing with topics of suicide, ADHD, autism, and coping with violence and disasters as they relate to children.</p>	<p>This is an excellent resource with a wealth of information on a wide range of topics that is updated regularly. The website can be accessed at: https://www.nimh.nih.gov/</p> <p>To retrieve the article, use the link below:</p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/3.-Mental-health-Medications..pdf</p>
<p>Osher, F.C. & Levine, I.S. (2005, May). <i>Navigating the Mental Health Maze: A Guide for Court Practitioners</i>. New York, NY: Council of State Governments. Retrieved June 25, 2021, from https://csgjusticecenter.org/publications/navigating-</p>	<p>This document of roughly 40 pages is a great resource for topics related to adults. It contains an understandable analysis of how mental illnesses are diagnosed and relates the range of services needed for treatment in a community-based system of care.</p>	<p>Valuable as a secondary resource; not geared specifically towards children. The following link can be used to access other information from this site:</p> <p>https://csgjusticecenter</p>

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<p>the-mental-health-maze-a-guide-for-court-practitioners/</p>		<p>.org/topics/mental-health/</p> <p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/4.-Navigating-the-Mental-Health-Maze.-A-Guide-for-Court-Practitioners..pdf</p>
<p>Silver, J & Dicker, S. (2007). Mental Health Assessment of Infants in Foster Care. <i>Child Welfare Journal</i>, 86(5), 35-55. Retrieved June 25, 2021, from http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.614.100&rep=rep1&type=pdf</p>	<p>This article summarizes existing guidelines for infant mental health assessments and recommends practice modifications based on legal requirements and other distinctive issues associated with foster care. It includes information on when mental health assessments should occur and the necessary components of an evaluation. It also stresses that mental health evaluations must take into account the infants' atypical life experiences and the complexity imparted by the wide variety of stakeholders, including parents, foster parents, child welfare professionals, attorneys, and judges.</p>	<p>This paper informs the professional practice of those involved in the mental health assessment of infants in foster care. Thus, the information is not directly relevant to judges but could be useful because it contains information about the overlap between legal considerations and effective mental health evaluations.</p> <p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/5.-Mental-health-assessment-of-infants-in-foster-care..pdf</p>

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<p>U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health. <i>Attention-Deficit/Hyperactivity Disorder (ADHD): The Basics</i> (2016). (NIH Publication No. QF16-3572). Bethesda, MD: U.S. Government Printing Office. Retrieved June 25, 2021, from https://www.nimh.nih.gov/sites/default/files/documents/health/publications/attention-deficit-hyperactivity-disorder-adhd-the-basics/qf-16-3572.pdf</p>	<p>This resource is published by the National Institute of Mental Health (NIH) and outlines Attention-Deficit/Hyperactivity Disorder (ADHD), the warning signs, and how to treat ADHD. The resource explains ADHD is not just a childhood disorder and can continue into adulthood.</p>	<p>Additional information can be accessed regarding ADHD in adults at the NIH website: https://www.nimh.nih.gov/</p> <p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/6.-Attention-Deficit-Hyperactivity-Disorder.-new.pdf</p>
<p>U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health. (2021) <i>Depression</i> (NIH Publication No. 21-MH-8079). Bethesda, MD: U.S. Government Printing Office. Retrieved June 17, 2021, from https://www.nimh.nih.gov/sites/default/files/documents/health/publications/depression/21-mh-8079-depression_0.pdf</p>	<p>This resource was published by the National Institute of Mental Health (NIH) and provides information about the different types of depression, how it is diagnosed, treated, and how individuals can find help treating this mental disorder.</p>	<p>Additional information can be found on the NIH website regarding depression and other mental health information: https://www.nimh.nih.gov/</p> <p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/7.-Depression-new.pdf</p>

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<p>U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health. (2016). <i>Generalized Anxiety Disorder: When Worry Gets Out of Control</i> (NIH Publication No. 19-MH-8090). Bethesda, MD: U.S. Government Printing Office. Retrieved June 17, 2021, from https://www.nimh.nih.gov/sites/default/files/documents/health/publications/generalized-anxiety-disorder-gad/19-mh-8090-generalizedanxietydisorder_0.pdf</p>	<p>This resource, published by the National Institute of Mental Health (NIH), outlines what Generalized Anxiety is, its signs and symptoms, causes, and possible treatment options.</p>	<p>Additional information can be found on the NIH website regarding depression and other mental health information: https://www.nimh.nih.gov/</p> <p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/8.-Generalized-Anxiety-Disorder-new.pdf</p>
<p>U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health. (N.D.). Perinatal Depression. NIH Publication No. 20-MH-8116. Retrieved March 2, 2021, from https://www.nimh.nih.gov/sites/default/files/documents/health/publications/perinatal-depression/20-mh-8116-perinataldepression.pdf</p>	<p>This article provides information published by the National Institute of Mental Health regarding perinatal depression and how it affects women during pregnancy and after childbirth. The brochure outlines the signs and symptoms, treatment, medications, and additional resources that can be helpful.</p>	<p><i>To retrieve the article, use the link below:</i></p> <p>https://ocfcpacourts.us/wp-content/uploads/2021/09/9.-Perinatal-Depression.-new.pdf</p>