

Trauma And Recovery



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Trauma felt at 9 years old

- Verbal and physical abuse from mother
- Molestation
- Left to care for siblings
- Started drinking alcohol



TERRIFIED ELEVEN

- FINALLY A RESCUE
- SEPARATED FROM SIBLINGS
- PLACED WITH FAMILY MEMBER

HOPELESS AT FOURTEEN

- MOTHER WANTED ME BACK?
- ATTEMPTED SUICIDE
- PLACED WITH ALCOHOLIC AUNT
- MARRIED CHILD

19 years old and beyond

- Drug addiction
- Introduction to Criminal Justice System
- Mental Institutions



RETRAUMATIZED

- Arresting Officers
- Correctional Officers
- Drug Addiction Counselors
- Seclusion and Restraints
- Over-medicated
- Hospitals
- State Agencies

**INMATE PUNISHED FOR
CALL FOR HELP....**





After Trauma Treatment

- Drug and alcohol free
- Secure attachment with daughter
-  VTS_01_1.VOB
- Medication free
- Advocate
- Board Member
- Council member
- Homeowner and more

**FORMER INMATE,
ADDICT WORKS TO
AID COMMUNITY....**



What if.....

- At age 9 someone recognized my trauma
- I embraced trauma treatment then
- School employees, hospitals, state agencies, rehabs., arresting officers were all trained in trauma

Isn't it possible that the results could have been this.....

- This child, to this woman, to this mother without the destruction
- A THOUGHT, HUH?











QUESTION.....

If this women was in your office or seeking help through you....





A Word About Hope...

- When I started to feel safe, I started to heal.
- When I felt empowered – they would ask me to come into the office to answer the phone, or to help welcome another resident. They made me feel worthwhile.
- When they showed me my progress as a mother.
